

# PRENATAL NEWBORN CARE WORKSHOP



Since babies don't come with an owner's manual, this workshop is ideal for expectant moms and dads!

**This 2 1/2 hour workshop will teach you about:**

- ♥ Baby's first weeks
- ♥ Getting to know your baby
- ♥ Diapering & dressing baby
- ♥ Soothing a crying baby
- ♥ Baby safety
- ♥ Sleep and SIDS
- ♥ Where to get help
- ♥ Resources

**For more information, please call (416) 530-6367.**

ST. JOSEPH'S  
HEALTH CENTRE TORONTO

**How to Register:** Please fill in the form below, detach and mail, along with a cheque\* or money order for the fee (\$10/ person, \$15/ mom & support person) (**payable to St. Joseph's Health Centre**), to:  
St. Joseph's Health Centre, Childbirth & Parenting Services  
30 The Queensway, Toronto, Ontario M6R 1B5.



## Prenatal Newborn Care Workshop Registration Form

Your Full Name: \_\_\_\_\_

Street: \_\_\_\_\_ Apt #: \_\_\_\_\_

City/ Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: Home ( \_\_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_\_ ) \_\_\_\_\_

Due Date: \_\_\_\_\_ Date of class you wish to attend \_\_\_\_\_

Please note:

Full refund of registration fees will be granted only if notice of cancellation is received 3 WEEKS prior to the start of sessions.

\*Post-dated cheques will be accepted ONLY if previously authorized.

REV01.2010