

Referral Process

Referrals are made by Primary Care Physicians and Specialists in the region served by SJHC.

To obtain a referral form or if you have questions, please call 416-530-6000 ext. 3969.

Referrals can be faxed to:
416-530-6106

Family Medicine Centre's
Urban Family Health Team
27 Roncesvalles Avenue, Suite 101
Telephone: 416-530-6947
Hours: Monday to Friday
9:00 a.m. to 5:00 p.m.



Supportive Care Clinic

*Information for
Patients*

*Urban Family
Health Team*

*Helping Patients with Advanced
Progressive Medical Illnesses
Achieve Optimal Pain and
Symptom Control*

ST. JOSEPH'S
HEALTH CENTRE TORONTO

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St. Joseph's Health Centre, Urban Family Health Team's Supportive Care Clinic

The Supportive Care Clinic

Our Goals are...

To help you achieve improved quality of life by managing distressing symptoms resulting from advanced medical illnesses such as cancer, heart failure, kidney failure, advanced lung diseases, etc. Our team members will work with your physician to achieve the best symptom control and quality of life possible.

Some examples of how our clinic can help you are:

- Managing pain from advanced cancer and chemotherapy
- Shortness of breath from heart failure or advanced chronic lung disease
- Pain during hemodialysis
- Loss of appetite from advanced illness
- Referrals to community resources

Our Interprofessional Team

- Physician
- Nurse Practitioner
- Pharmacist
- Social Worker
- Dietitian

How it Works:

1. Your physician will refer you to the Supportive Care Clinic.
2. Your physician's office will contact you about the day and time of your appointment.
3. You will be assessed by one or more of our team members.
4. You will be given a detailed plan of how to manage your pain and symptoms.
5. Your physician will receive a letter outlining your treatment plan.

6. If necessary, you will be seen back in the clinic for follow-up.
7. Once your symptoms are under control, you will be referred back to your own physician.
8. Your doctor may refer you back at any time for further help in managing your symptoms.
9. Please have your own physician arrange for any further renewals of your medications.
10. For any questions in between appointments, please contact your own doctor.

If you are seeking help for chronic pain from conditions such as arthritis, back injuries, etc., please have your doctor refer you to one of the other services at St. Joseph's Health Centre.