

Paediatric Pre-Admission Program

Held on FRIDAYS - Glendale Wing, Ground floor, Ambulatory Care Centre, Cystoscopy area. *Please register according to your child's age:*

10:00 am - 11:00 am Infant/Preschool (0-4 years)

11:00 am - 12:00 Noon School Age (5-7 years)

- Registration
- Video
- Medical play
- Verbal instruction
- Handouts: age-appropriate activity sheets, reading list of preparation materials, business card
- Question & Answer time
- Brief tour of Operating Room (OR) and Post-Anaesthetic Care Unit (PACU).

1:00 pm - 2:00 pm Pre-Adolescent (8-12 years)

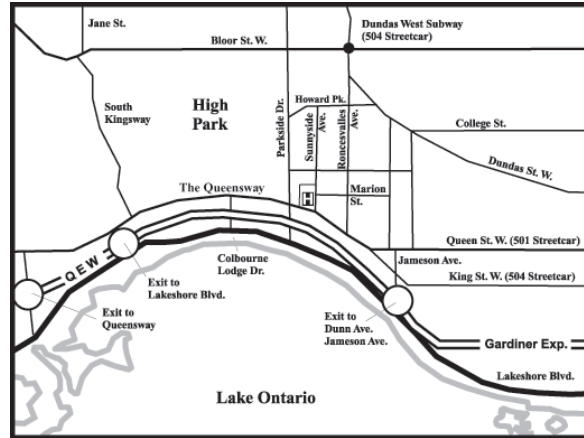
- Registration
- Video
- Medical play
- Handouts: age-appropriate activity sheets, reading list of preparation materials, business card
- Question & Answer time
- Tour with instructions of the OR and PACU.

2:00 pm - 3:00 pm Adolescent (13-18 years)

- Registration
- Handouts: age-appropriate activity sheets, reading list of preparation materials, business card
- Question & Answer time
- Video with option for tour of the OR and PACU

If your doctor has not made an appointment for you, please call:

(416) 530-6486, extension 4471 or fax
(416) 530-6202.



TTC from Dundas West subway station - Take the subway to Dundas West station. Take the 504 streetcar southbound on Roncesvalles Avenue. Get off at Marion Street and walk one block west to the Health Centre.

Driving from West – Take QEW East and exit at Lakeshore Boulevard. From Lakeshore, turn left at Colborne Lodge. Turn right at The Queensway. The Health Centre is on the left. The parking garage entrance is located on Sunnyside Avenue.

Driving from East – Take Don Valley Pkwy. to Gardiner Expressway West. Exit at Dunn Avenue. Follow signs to Jameson Avenue and turn right on Jameson. Turn left at King Street. Turn left at The Queensway. The Health Centre is on the right. The entrance to the parking garage is located on Sunnyside Avenue.

Paediatric Pre-admission Program

*Preparing Your Child for
Medical/Surgical Procedures at
St. Joseph's Health Centre, Toronto*

**Your Pre-admission Appointment
is scheduled for**

ST. JOSEPH'S
HEALTH CENTRE | TORONTO

ST. JOSEPH'S
HEALTH CENTRE | TORONTO

Paediatric Pre-admission Program

SPECIAL CARE FOR KIDS

About the Paediatric Pre-admission Program

Since the unknown can make children and their parents uneasy, this program has a Child Life Specialist or Nurse introduce you and your child to the hospital experience. Designed for patients aged 18 years and younger, who are having a surgical or diagnostic procedure at St. Joseph's Health Centre, Toronto (and their parents), the program includes a tour of the areas you will see on the day of your child's procedure and to become familiar with things you and your child may experience that day.

Booking a Pre-admission Appointment

After your child's doctor has set the date for the procedure, either the doctor's office or you will make the appointment by calling (416) 530-6486, extension 4471.

What to Bring to Your Pre-admission Appointment

- Your child's health card (OHIP)
- All medications with a pharmacy label that your child is currently taking (including puffers)
- All the forms from your child's surgeon/doctor, filled out (this information about your child and his/her medical history helps us provide the best possible care for your child and will be reviewed with you)
- Completed history forms from the family doctor or paediatrician



What if my child becomes ill before the procedure?

Please call your child's doctor as soon as possible. The doctor can tell you if your child should wait or if it is safe to go ahead with the procedure.

Preparing Your Child for the Procedure



The day before your child's scheduled procedure, he/she must **NOT** eat any solid food after midnight. Eating or drinking before a general anaesthetic can be dangerous.

Children may drink 6 oz (180 ml) of "clear fluid" up to three hours before the procedure. For example, if your child is scheduled to have surgery at 7:30 a.m. they must **NOT** have anything to drink after 4:30 a.m. Clear fluid is defined as anything you **can see through**. For example: water; apple juice; ginger ale; or breast milk. It does **NOT** include milk or orange juice.



On the Day of the Procedure

Please leave all valuables and jewellery at home. You can help your child pack for the hospital. Please bring:

- Your child's health card (OHIP)
- All medications with a pharmacy label that your child is currently taking (including puffers)
- If desired, an item of security, such as a favourite stuffed toy or blanket



Your child will need your full attention, so plan to spend the day at the hospital. If you have other children, please make child care arrangements for them.

Go to the Paediatric department (Glendale Wing, 1st floor) 90 minutes before the scheduled procedure time.

Going Home

Before leaving the Health Centre, your child's nurse will go over the discharge instruction sheet with you. If your child's doctor has written a prescription, this will be given to you. The Health Centre has an Outpatient Pharmacy in the East Wing (ground floor).

Questions

If you have any questions, please call the Paediatric department at (416) 530-6198.