

**Pacemaker clinic:
416-530-6746**

**Pacemaker clinic appointment
desk:
416-530-6325**

The pacemaker clinic hours are:
Monday to Friday, 8 a.m. to 4 p.m.

Please note: the pacemaker clinic does not book or change clinic appointments for follow-up after you get your pacemaker.

All follow-up appointments are booked and changed by calling 416-530-6325.



Pacemaker Patient Information

Postoperative - After Surgery

at St. Joseph's Health Centre

ST. JOSEPH'S
HEALTH CENTRE TORONTO

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Pacemaker Patient Information

This package contains the following:

- 1) Information on how to care for your wound.
- 2) Extra dressings and tape.
- 3) A temporary pacemaker information card – a permanent card will be mailed to you shortly.
- 4) An appointment card – for follow up in the pacemaker clinic about one week after hospital discharge.

If any of the above is missing call the pacemaker clinic the next weekday morning. The clinic will get back to you the same day with further instructions.

Taking care of your wound

Keep you wound clean. This helps healing and prevents infection.

Two days after surgery:

- Remove the clear plastic dressing and large white dressings gently and carefully. Leave the small white strips on the wound – they will fall off on their own.

- Gently wash the area with soap and water. Soap your shoulder on the same side as the pacemaker (well above the pacemaker itself) and allow the water to run down from top to bottom over the wound.
- Do not soak the wound in a tub, spray the wound directly with water or rub the wound for at least two weeks. The wound should be checked in the pacemaker clinic before doing any of these.

- if blood is still oozing, cover the wound with the extra dressings and tape. Do not wash the area. If there is a small amount of blood call the pacemaker clinic on the next Monday morning. If there is a large amount of blood, go to the nearest Emergency Department.

One week after surgery:

- We will check the wound in the pacemaker clinic and give further instructions on wound care.

Other precautions

Do not drive for one week after the pacemaker is implanted.

If you received a new pacemaker and wire, do not lift your arm on the pacemaker side above the level of the shoulder for one month. You can move it as much as you want to below the level of the shoulder. If only your battery was changed you can move your arm without restrictions.

Call the pacemaker clinic immediately if your pulse becomes abnormally slow, fast or irregular, your symptoms before surgery return or you have any other unusual symptoms.

If these occur outside the pacemaker clinic hours proceed directly to the nearest hospital emergency room. Call 9-1-1 if you cannot be driven to the hospital safely. Do not drive yourself.

DO NOT WAIT TILL THE NEXT PACEMAKER CLINIC DAY.