

## Who should come to the Anticoagulation Clinic?

Patients should be referred to the Anticoagulation clinic if they have been prescribed warfarin (Coumadin®).

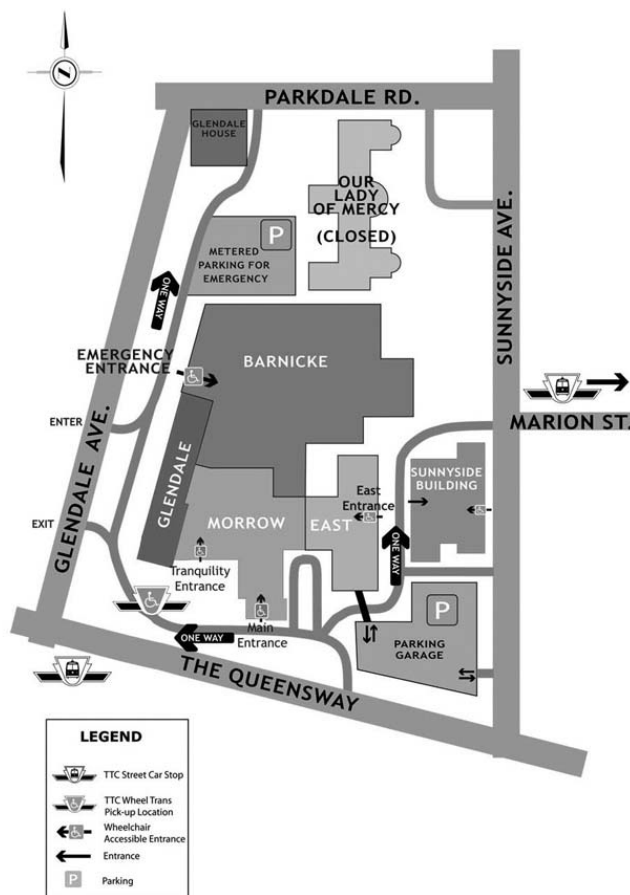
All patients need to be referred by their family physician or specialist.

Ask your physician to fill out a referral form and fax it to the Anticoagulation Clinic. You will then be contacted to book an appointment.

## Where is the clinic located?

The clinic is located in the Health Centre's Ambulatory Care Centre.

On the ground floor in the Glendale Wing.



# Anticoagulation Clinic

at St. Joseph's Health Centre

ST. JOSEPH'S  
HEALTH CENTRE | TORONTO

In service of Community.  
In respect of Diversity.  
In celebration of Faith.

ST. JOSEPH'S  
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# Anticoagulation Clinic

## What do we do at this clinic?

A Registered Pharmacist operates this outpatient clinic.

Our services include:

- Patient assessments
- Review of current medications, over-the-counter medications, herbals and supplements to check for possible drug interactions
- Ongoing patient education
- Monitoring of lab results
- Dosage adjustments as necessary
- Communication with family physician and/or specialist



## What should you bring to the Clinic Visit?

- Health Card
- St. Joseph's Health Centre blue card (if available)
- All medications (not just a list), including over-the-counter medications, vitamins, herbals and supplements

## What to Expect

On every visit, the pharmacist will ask you for your health and medical history, including your eating and exercise habits.

On every visit, your INR will be tested to determine how long it takes for your blood to clot.

The pharmacist will then discuss the results and your new warfarin (Coumadin®) dosage if necessary.

Since everyone responds differently to warfarin (Coumadin®), more frequent visits may be needed to determine the correct dosage of warfarin (Coumadin®) for you, initially. Once the dosage has been stabilized, visits will be every four to six weeks.

For more information:

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