

Other Complementary Services

Toronto Withdrawal Management Service System

- Help with withdrawal from alcohol and/or other drugs
- Central Access Number: 1 (866) 366-9513

St Joseph's Health Centre Withdrawal Management (Day Program)

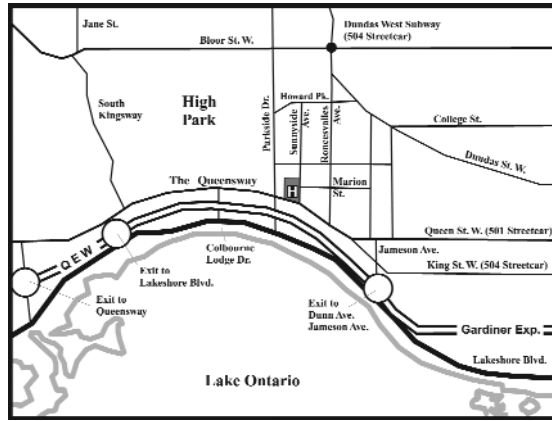
- Individualized addiction counselling, group support and auricular acupuncture
- Phone: (416) 530-6000 ext 4242

St Joseph's Health Centre Quit for Life

- Medical Smoking Cessation Program
- Phone: (416) 530-6860

T-Cup Toronto Centre for Substance Use in Pregnancy

- Medical support for pregnant substance-using women
- Phone: (416) 530-6860



St. Joseph's Health Centre is located at
30 The Queensway

TTC from Dundas West subway station - Take the subway to Dundas West station. Take the 504 streetcar southbound on Roncesvalles Ave. Get off at Marion St. and walk down the block going west. The Health Centre is at the end of the block.

Driving from west - Take the QEW East and exit at Lakeshore Blvd. From Lakeshore, turn left at Colborne Lodge. Turn right at The Queensway. The Health Centre is on the left-hand side of the street.

Driving from east - Take the Don Valley Pkwy. to Gardiner Expressway West. Exit at Dunn Ave. Follow signs to Jameson Ave. and turn right on Jameson. Turn left at King St. Turn left at The Queensway. The Health Centre is on the right-hand side of the street.

Addiction Shared Care

*Helping Primary Care
Physicians Provide
Effective Care for their
Substance-Using Adults*

*at St. Joseph's Health
Centre*

ST. JOSEPH'S
HEALTH CENTRE TORONTO

ST. JOSEPH'S
HEALTH CENTRE TORONTO

Addiction Shared Care

Addiction Shared Care (ASC): Helping Primary Care Physicians Provide Effective Care for their Substance-Using Adults

Substance users face many barriers to treatment in our health care system. They often have multiple needs - medical care, counselling, addictions treatment, housing placement - and these needs can overwhelm many health care providers. Physicians and nurses generally have little training in addictions and arranging referrals to separate agencies for each concern is time-consuming and complex.

ASC is a comprehensive substance use service for men and women over the age of 18. This service is open to anyone abusing alcohol, tobacco, cocaine, opiates or other drugs.

ASC is a model of collaboration, providing Primary Care Physicians with clinical advice including assessment and support of their patients.

Who We Are

Our multidisciplinary team includes Addiction Medicine Physicians, Family Medicine Residents, a Nurse Clinician and an Addiction Clinician.

What We Do

Based within the Department of Family Medicine, ASC is a free and strictly confidential service providing addiction care tailored to each individual. An empathetic, caring and non-judgemental approach is taken using cognitive-behavioural strategies designed to enhance motivation and promote behavioural change.

Initially, our Addiction Clinician will undertake the assessment of all our new referrals. At a secondary appointment we connect our patients with an Addiction Medicine Physician. Urine drug screening and blood work are part of the thorough assessment process.

Collaborative Treatment Planning

After the assessment process is complete, an assessment summary will be sent back to the Primary Care Physician as well as resources for long-term management of the patient.

Treatment plans may involve options including: brief counselling, initiation of pharmacotherapy, planned outpatient withdrawal and connecting patients to additional avenues of support.

Resources for long-term management of the patient are sent to the Primary Care Physicians.

Primary Care Physicians may consult with our service with any questions regarding case management, medical management, followup and reassessment.

Our Goals

- We are working together for the betterment of all patient treatment.
- Increase the number of patients who receive substance use intervention.
- Improve the management of substance use disorders in primary care.

Referral Process

Referrals are made by Primary Care Physicians in the region served by SJHC. Contact us for information and referrals:

**Addiction Shared Care
Family Medicine Centre
St. Joseph's Health Centre
30 The Queensway
Toronto, ON M6R 1B5
Phone: (416) 530-6860
Fax: (416) 530-6106**